

Oct. 2023



Oct. 2-6	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal/Pop Tarts Pancake on Stick Fruit Juice/Fruit Cup Milk	Cereal/Cereal Bar French Toast Sticks Fruit Cup/Fruit	Cereal/Nutria Grain Bars Cinnamon Rolls Fruit Juice/Fruit Cup Milk	Cereal/Pop Tarts Bacon Biscuits Fruit Cup/Fruit Juice Milk	Cereal/Oat Bars Omelets Fruit Juice/Fruit Cup Milk
<b>Lunch</b>	Corn Dogs Nuggets Sweet Carrots Side Salad Orange Milk	Grilled Chicken Sandwich/trimmings Tator Tots Bun Apple Milk	Spaghetti Green Beans Sweet Corn Roll/Cheese Bread Banana Milk	Pizza Side Salad Carrots/ranch Orange Milk	Chicken Nuggets Carrots/ranch Tator Tots Apple Green Snacks Milk
<b>Oct. 9-13</b>					
<b>Breakfast</b>			Cereal/Nutria Grain Bar Pancakes Fruit Juice/Fruit Cup Milk	Cereal/Oat Bars Omelets Fruit Cup/Fruit Juice Milk	Cereal/Pop Tarts Sausage Biscuits Fruit Juice/Fruit Cup Milk
<b>Lunch</b>			Hamburger/trimmings French Fries Carrots/ranch Banana Milk	Ham & Turkey Sub/trimmings Doritos Chips Wrap Apple Cookie Milk	Hot Dogs French Fries Cole Slaw Bun Grape Giggles Milk
<b>Oct. 16-20</b>					
<b>Breakfast</b>	Cereal/Nutria Grain Bars Pancake on Stick Fruit Juice/Fruit Cup Milk	Cereal/Cereal Bars Waffles Fruit Cup/Fruit Juice Milk	Cereal/Pop Tarts Banana Bread Fruit Juice/Fruit Cup Milk	Cereal/Oat Cereal Bar Sausage Biscuits Fruit Cup/Fruit Juice Milk	
<b>Lunch</b>	Salisbury Steak Mashed Potatoes Sweet Peas Roll Apple Milk	Pizza Broccoli Carrots/ranch Orange Milk	Red Beans & Rice Sweet Corn Roll Banana Milk	Chicken & Waffles Tater Tots Tomato/Cucumber Salad Orange Smiles Milk	
<b>Oct. 23-27</b>					
<b>Breakfast</b>	Cereal/Cereal Bars Pancakes Fruit Juice/Fruit Juice Milk	Cereal/Pop Tarts Breakfast Pizza Fruit Cup/Fruit Juice Milk	Cereal/Nutria Grain Bars Cinnamon Rolls Fruit Juice/Fruit Cup Milk	Cereal/Cereal Bars French Toast Sticks Fruit Cup/Fruit Juice Milk	Cereal/Pop Tarts Sausage Biscuits Fruit Juice/Fruit Cup Milk
<b>Lunch</b>	Chicken Fajitas/trimmings Tex Mex Beans Fiesta Corn Wrap Orange Milk	Hamburger/trimmings Tater Tots Bun Apple Milk	Meatlovers Pizza Carrots/ranch Side Salad Banana Milk	Spicy Chicken Bites/Chicken Nuggets French Fries Carrots/ranch Roll Apple Milk	Hot Dogs French Fries Cucumber/Tomato Salad Bun Grape Giggles Milk
<b>Oct. 30-31</b>					
<b>Breakfast</b>	Cereal/Pop Tarts Banana Bread Fruit Juice/Fruit Cup Milk	Cereal/Oat Bars Cinnamon Rolls Fruit Cup/Fruit Juice Milk			
<b>Lunch</b> ***Menu is subject to change***	Chicken & Waffles French Fries Green Beans Orange Milk	Mini Hot Dogs Tator Tots Side Salad Buns Apple Milk			