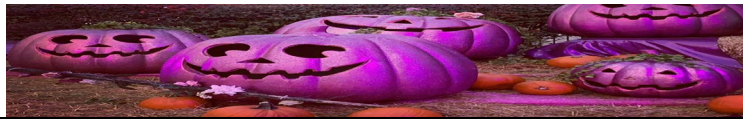


Oct. 2022



Oct. 3-7	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal/Pop Tarts Pancake on Stick Fruit Juice/Fruit Cup Milk	Cereal/Cereal Bar French Toast Sticks Fruit Cup/Fruit Juice Milk	Cereal/Cereal Bar Cinnamon Rolls Fruit Juice/Fruit Cup Milk	Cereal/Nutria Grain Bar Bacon Biscuits Fruit Cup/Fruit Juice Milk	Fall Break No School
Lunch	Chicken Nuggets Carrots/ranch Side Salad Orange Milk	Grilled Chicken Sandwich/trimmings Tator Tots Bun Apple Milk	Beef Vegetable Soup Crackers/Cornbread Banana Milk	Mexican Pizza Carrots/ranch Side Salad Orange Milk	Fall Break No School
Oct. 10-14					
Breakfast	Fall Break No School	Cereal/Fruit Bar Apple Frudal Fruit Cup/Fruit Juice Milk	Cereal/Nutria Grain Bar Pancakes Fruit Juice/Fruit Cup Milk	Cereal/Oat Bars Omelets Fruit Cup/Fruit Juice Milk	PTC No School
Lunch	Fall Break No School	Corn Dogs Nuggets Sweet Corn Sweet Carrots Orange Milk	Taco Soup Corn Chips/Cornbread Banana Milk	Ham & Turkey Sub/trimmings Doritos Ranch Chips Wrap Apple Cookie Milk	PTC No School
Oct. 17-21					
Breakfast	Cereal/Nutria Grain Bars Pancake on Stick Fruit Juice/Fruit Cup Milk	Cereal/Cereal Bars Waffles Fruit Cup/Fruit Juice Milk	Cereal/Pop Tarts Banana Bread Fruit Juice/Fruit Cup Milk	Cereal/Oat Cereal Bar Sausage Biscuits Fruit Cup/Fruit Juice Milk	Cereal/Nutria Grain Bars Pancakes Fruit Juice/Fruit Cup Milk
Lunch	Salisbury Steak Mashed Potatoes Sweet Peas Roll Apple Milk	Pizza Broccoli Carrots/ranch Orange Milk	Red Beans & Rice Sweet Corn Roll Banana Milk	Chicken & Waffles Tater Tots Carrots/ranch Orange Milk	Mini Hot Dogs French Fries Cole Slaw Bun Apple Grins Milk
Oct. 24-28					
Breakfast	Cereal/Cereal Bars Pancakes Fruit Juice/Fruit Juice Milk	Cereal/Pop Tarts Breakfast Pizza Fruit Cup/Fruit Juice Milk	Cereal/Nutria Grain Bars Cinnamon Rolls Fruit Juice/Fruit Cup Milk	Cereal/Cereal Bars French Toast Sticks Fruit Cup/Fruit Juice Milk	Cereal/Pop Tarts Sausage Biscuits Fruit Juice/Fruit Cup Milk
Lunch	Chicken Fajitas/trimmings s Tex Mex Beans Fiesta Corn Wrap Orange Milk	Hamburger/trimmings Tater Tots Bun Apple Milk	Chicken Noodle Soup Crackers/Cornbread Banana Milk	Hot Dogs French Fries Cole Slaw Bun Milk	Pizza Carrots/ranch Side Salad Apple Red & Green Snacks Milk
Oct. 31					
Breakfast	Cereal/Pop Tarts Banana Bread Fruit Juice/Fruit Cup Milk				
Lunch ***Menu is subject to change***	Chili Cheese Dogs Tator Tots Carrots/ranch Bun Orange Milk				