

Holy Family School OCTOBER Menu

September 29- Oct. 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Ham Biscuits Fruit Cereal Bar Milk	Peanut Butter and Jelly Uncrustables Fruits Milk	Sausage Biscuits Pop-tarts Fruit Milk	Cereal or yogurt Fruits Milk	Cereal or Waffles Juice or Fruits String cheese Milk
Lunch	Turkey and cheese Sandwiches Tater tots Fruits Milk	Hamburger Steaks and Gravy Mashed Potatoes Fruits Milk	BBQ Ribs Coleslaw Bake beans Fruits Milk	Corndogs Fries Fruits Milk	Chicken tacos Doritos Fruits Milk
October 6-10	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Fall Break	Fall Break	Fall Break	Fall Break	Fall Break
Lunch					

Holy Family School OCTOBER School Menu

Oct.13-17	Monday	Tuesday	Wednesday	Thursday	Friday
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Breakfast		Cereals or Hash Brown Sausage Toast Milk Juice or Fruit	Cereals or Pancake on stick Muffins Milk Juice	Cereals or Chicken Biscuit Milk Juice or Fruit	Cereals or Ham & Biscuit Juice or Fruits Milk
Lunch		Chicken Strips Macaroni Cheese Bread Fruits Milk	Grill Chicken Green Beans Buns Fruits Milk	Pizza Corn Salad Oranges Milk	BBQ Rib and Buns Bake Beans Mixed Fruit Cup Milk
Oct. 20-24					
	Sausage Biscuit Cereal Fruit Milk	Waffles Yogurt Fruit or Juice Milk	Cereal or Chicken Biscuit Fruits or Juice Milk	Cereal Ham Biscuits Apples Juice & Milk	Cereal or Pop Tart Yogurt Milk Fruit or Juice
	Taco Soup Fruits Crackers Milk	Meatballs Green Beans Rolls Apples Milk	Taco Salad Whole Kernel Corn Oranges Tortilla Chips Milk	Beef Fingers Gravy Rolls Mashed Potatoes Green Peas Milk	Beef Hotdogs Buns Season Fries Peach Cup Milk

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